



*Kashmiri Overseas Association (KOA), Inc.*

*Promote, Preserve and Protect*

*Kashmiri Pandit Ethnic & Socio-Cultural Heritage*

**CALENDAR 2024-2025  
Saptrishi 5100 Vikrami 2081**

## Message from the KOA President!

**NAVREH POSHTE'**

Wishing my community worldwide a New Year filled with Joy, happiness, and prosperity!



Dear KOA Family, Namaskar

This year started with the joyous celebrations of reclaiming the birthplace of Lord Rama in Ayodhya! What a victory for India and Hindu's worldwide, reestablishing a symbol of resilience, courage, and determination to uphold our Dharma. KOA participated in the Pran-Pratishtha ceremony organized by BAPS community in Robbinsville NJ to commemorate this historic event. It was a proud moment for us to see a long-cherished dream culminate into reality.

At KOA, we continue to build on the ongoing mission of promoting and preserving our culture and heritage. This year the board reinstated the Heritage Committee, with the aim of focusing on Kashmiri Language, Religious practices, and Philosophy and Literature. Under this mission, we have already started the Kashmiri Classes and Kashmiri Shaivism discourses. Last year with the help of a dedicated Volunteers, we helped raise funds for reconstruction of Shivalun Temple in Srinagar.

KOA has added the Tithi based Calendar for those members who have opted to follow the time zone Panchang for the past 3 years, at the same time we continue to share the Traditional KOA Calander with our members without any change. Continuing the tradition of a Joint Samohic Herath/Vatak Pooza, we extended the invitation to our Community in Canada to join the guided Vatuk pooza conducted by Jyotshi Pawan Pandita Ji from Delhi.

To keep our community connected and strengthen our bonds and relationships, KOA keeps expanding its horizon. This year we are organizing 3 Camps for our North America KP Family.

**KOA Youth Camp-Memorial Day weekend, in Washington D.C.**

**KOA Annual Camp- 4th of July in Denver, Colorado, in the beautiful Rocky Mountain National Park-ESTES PARK.** You will get the feel of Kashmir when you walk along the scenic riverwalks!

**KOA West Coast Camp on Labor Day Weekend, to be held in Seattle-Venue will be shared soon.**

KOA continues to set an example of Philanthropy and charitable work thanks to our generous donors. Our signature programs-SAC, EAP, and Medical Funds Program are excelling and expanding and continue to provide help to our disadvantaged section of the community. The Family Sustenance program (FSP) has grown in the past 2 years and continues to provide succor to families undergoing financial hardship. The annual report for SAC and FSP -2023 has already been shared with the members. EAP and Medical Funds Program for 2023 will be shared soon. In addition to these established programs, KOA also has completed a few projects in 2023. Jagti E-Library project completed 2023. We are currently working on a few more projects that will further benefit our community in Jammu, especially students.

**Upcoming Projects in 2024.**

KOA-Youth Projects: ZUV- a youth friendship and dating App to be launched soon and KOA Cookbook. KOA Library Project. KOA Folklore Audio Book. Continued work on upgrading KOA IT Platform. We have completed some work in this regard and request you to download the KOA APP on your smart phones. Instructions are given on this page for your convenience.

Wishing you a blissful 2024!

Orzu te Namaskar, Dr. Archana Kokroo.



**Kashmiri Overseas Association Inc.**  
is a 501(c)(3) non-profit, tax-exempt social cultural organization registered in Maryland, USA  
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**Be a volunteer and strengthen the organization**

**“ Download the KOA app on your mobile devices.  
Click on the QR code below.”**



Or

<https://tinyurl.com/43nkce6k>

**Disclaimer**

This calendar is based on the information provided in Vijayshwar Panchang 2024-25, published by Pandit Onkar Nath Shastri Ji of Vijayshwar Panchang Press, Gol Gujral, Jammu, India and uses India as a reference location. Anyone interested in any localization for the calendar should consult with their respective personal Guru Jis.

Chaitra							April 2024							Vaisakha						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
		1		2		3		4		5		6 Ekadashi								
7		8		9 Pratipada Navreh, Thal's Buth Vuchun		10 Dwitya		11 Tritya Zang Tritya		12 Choram		13 Paancham								
14 Sasthi		15 Satam		16 Ashtami Durga Ashtami		17 Navum Ram Navmi		18 Dhashmi		19 Ekadashi		20 Dwadashi								
21 Triyodashi		22 Chaturdashi		23 Poornima Hanuman Jayanti		24 Pratipada Extra Tithi		25 Pratipada		26 Dwitya		27 Tritya								
28 Choram		29 Paancham		30 Sasthi																
Chaitra Shukla Paksha (April 9-April 23) Panchak ends April 9																				

Vaisakha		May 2024					Zyeth
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Vaisakha Krishna Paksha (April 24- May 8) Panchak Starts May 2			1 Ashtami	2 Navum	3 Dhashmi	4 Ekadashi	
5 Dwadashi <i>Swami Laxmanjoo Jayanti</i>	6 Triyodashi	7 Chaturdashi	8 Amavasya	9 Dwitya	10 Tritya	11 Choram	
12 Paancham	13 Shishthi <i>Kumar Shishthi</i>	14 Satam <i>Sankranti Vrat</i>	15 Ashtami <i>Extra Tithi</i>	16 Ashtami	17 Navum	18 Dhashmi	
19 Ekadashi	20 Dwadashi	21 Triyaodashi	22 Chaturdashi <i>Ganesh Chaturdashi</i>	23 Poornima	24 Pratipada	25 Dwitya	
26 Tritya	27 Choram	28 Paancham	29 Shishthi	30 Satam	31 Ashtami		

Zyeth							June 2024							Aashaad						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
Zyeth Shukla Paksha (June 7-June 22)														1						
Panchak Ends (June 2)														Navum						
2 Ekadashi		3 Dwadashi		4 Triyodashi		5 Chaturdashi		6 Amavasya		7 Pratipada		8 Dwitya								
9 Tritya		10 Choram		11 Paancham		12 Shishthi <i>Kumar Shishthi</i>		13 Satam		14 Ashtmi <i>Jeyest Ashtmi</i>		15 Navum <i>Sankranti Vrat</i>								
16 Dhashmi		17 Ekadashi <i>ExtraTithi</i>		18 Ekadashi		19 Dwadashi		20 Triyodashi		21 Chaturdashi		22 Poornima <i>Roop Bhavani Utsav</i>								
23 Dwitya		24 Tritya		25 Choram		26 Paancham		27 Shishthi		28 Satam		29 Ashtami								
30 Navum																				

Aashaad							July 2024							Shravan						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
		1 Dhashmi		2 Ekadashi		3 Dwadashi		4 Triyodashi		5 Amavasya		6 Pratipada								
7 Dwitya		8 Tritya <i>Extra Tithi</i>		9 Tritya		10 Choram		11 Paancham		12 Shishthi		13 Satam <i>Har Satam</i>								
14 Ashtami <i>Har Ashtami</i>		15 Navum <i>Har Navum</i>		16 Dhashmi <i>Sankranti Vrat</i>		17 Ekadashi		18 Dwadashi <i>Bh Gopi Nath Jayanti</i>		19 Triyodashi		20 Chaturdashi								
21 Poornima <i>Guru Purnima</i>		22 Pratipada		23 Dwitya		24 Tritya/Chorum		25 Paanchami		26 Shishthi		27 Satam								
28 Ashtami		29 Navum		30 Dhashmi		31 Ekadashi		Aashaad Krishna Paksha (June 23-July 5) Panchak Ends (June 30) Aashaad Shukla Paksha (July 6-July 21)												

Courtesy KOA Board and Members

Shravan		August 2024					Bhadra
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Shravan Krishna Paksha (July 22-Aug 4) Panchak From (July 23-July 27) Shravan Shukla Paksha (Aug 5-Aug 19) Panchak From (Aug 19- Aug 23)				1 Dwadashi	2 Triyodashi	3 Chaturdashi	
4 Amavasya	5 Pratipada	6 Dwitya	7 Tritya	8 Choram	9 Paancham	10 Shishthi	
11 Satam <i>Extra Tithi</i>	12 Satam	13 Ashtami	14 Navum	15 Dhashmi	16 Ekadashi <i>Sankranti Vrat</i>	17 Dwadashi/ Triyodashi <i>Extra Tithi</i>	
18 Chaturdashi	19 Poornima <i>Raksha Bandhan</i>	20 Pratipada	21 Dwitya	22 Tritya	23 Choram	24 Paancham/ Shishthi <i>Tithi Missing</i>	
25 Satam	26 Ashtami <i>Janmashtami</i>	27 Navum	28 Dhashmi	29 Ekadashi	30 Dwadashi	31 Triyodashi	

Courtesy KOA Board and Members

September 2024						
Bhadra						Ashwin
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Chaturdashi	2 Amavasya <i>Extra Tithi</i>	3 Amavasya	4 Pratipada	5 Dwitya <i>Pann Saath</i>	6 Tritya <i>Pann Saath</i>	7 Choram <i>Vinayak Choram Pann Saath</i>
8 Paancham <i>Rishi Paancham Pann Saath</i>	9 Shishthi <i>Kumar Shishthi Pann Saath</i>	10 Satam	11 Ashtami <i>Sharda Ashtami</i>	12 Navum	13 Dhashmi	14 Ekadashi
15 Dwadashi	16 Triyodashi	17 Chaturdashi	18 Poornima <i>Pitra Paksh Arambh</i>	19 Dwitya	20 Tritya	21 Choram <i>Sankat Choram</i>
22 Paancham	23 Shishthi <i>Sahib Satam</i>	24 Satam	25 Ashtami	26 Navum	27 Dhashmi	28 Ekadashi
29 Dwadashi	30 Triyodashi			Bhadra Krishna Paksha (Aug 20-Sept 3) Bhadra Shukla Paksha (Sept 4-Sept 18) Panchak Ends (Sept 19)		



# Kashmiri Wedding and Rituals

The Kashmiri Pandit wedding is a long and ritualistic tradition that we have been following for centuries. The marriage is an elaborate event, which engages the community and is incomplete without the participation of Guru Ji, Waza, Kandur, Poff, Maasi, Maama Ji, families on both sides, and everyone else!

It, indeed, is a community affair.





# Traditional Kashmiri Pandits wedding and Rituals

## The wedding starts with ...

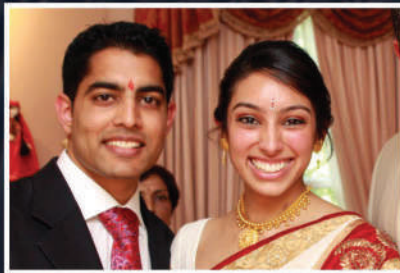
### Kasam-Drei:

The families of the prospective bride and groom meet to give a formal consent and go ahead to solemnize the marriage. It is a verbal agreement made over a handshake.



### Gandun:

Formal engagement ceremony. The sister of the would-be groom goes to the bride's home with a Tyok and a Narivan for the bride.



She gives gifts like a saree and shawl to the bride. She also hands over the Groom's Zatul (horoscope) to the bride's family.

### Sate Livun:

"Let's deck the walls!" Livun starts the wedding preparations. The house is given a thorough spruce up - ceremonial cleanup.

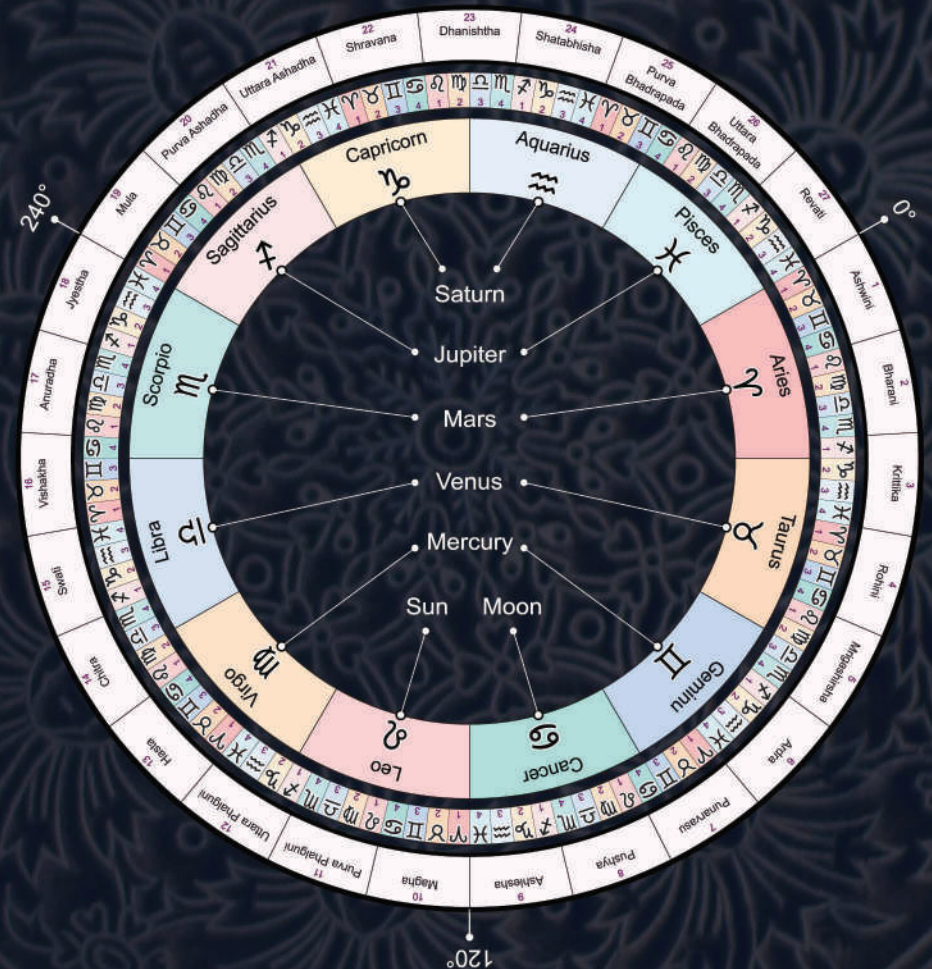


## Zatul and Tekin Ralavin

27 Lunar Mansions/ Nakshatras (13° 20' Ecliptic Division)

108 Nakshatra padas (3° 20' Ecliptic Division)

Zodiac / Rasi Varga (30° Ecliptic Division)



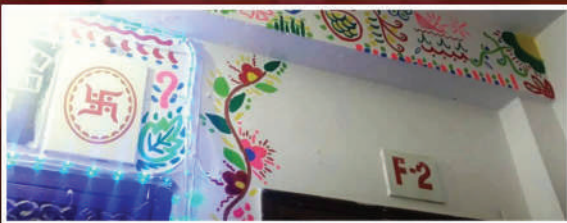




### **Krul Kharun:**

The doorway and the walls at the entrance of the house are painted with the Swastika, OM, and other floral motifs/ patterns to beautify the entry to the ceremonious house of the bride and groom.

This honor goes to the 'Poff' who also has the responsibility of preparing the Savory 'Vaer'. Waza lays the foundation of "Wurr" in the backyard, and thus kicks off the feasts which the guests will enjoy for the rest of the wedding.



### **Mas-Muczravun:**

The Poff unties the hair and braids of the bride and gives her a good oil massage. Isband is burnt to ward off the evil and women folk start the festivities by singing Wanvun - a traditional Kashmiri ballad originating from Saam-Ved.



### **Menze Rath:**

The Maasi washes the feet of the bride/groom. The Poff applies henna to the hands and feet of the bride/groom. The Poff then goes to every guest and drops a dollop of henna on their palms as 'shogun'.

Vaer is again made and Isband is put in the Kangir to give the house a fragrance of ceremony!

Thereafter, the household bursts into song and dances for the night. Kehwa is served in Samavars throughout the night to keep the guests alert and the singers from getting hoarse!





### **Kani-Shran and Divgon:**

A day before the wedding, the bride/groom in their respective places are given a bathing ritual. 'Maa-Myen' cleans the Vuz and the bride/groom are made to sit on a low stool. Water mixed with milk and haldi is poured through a muslin cloth held over the bride's/groom's head. Following this very public ritualistic bath, the clothes are changed into a new set bought by the matamaal side. The Poff parts the hair of the bride with a 'Daatun Twig' and ties Naarvan to the two parted sides. Hereafter starts the Devgon Havan. The Havan is done as per the Vedic Rites - the bride and the groom are offering their prayers as Shiv and Parvati.



### **Aath and Dejhoor:**

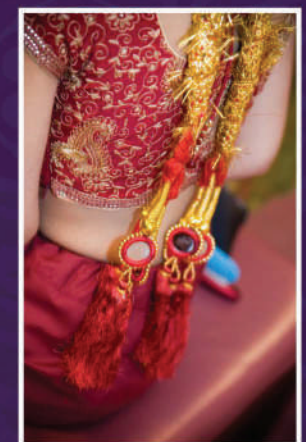
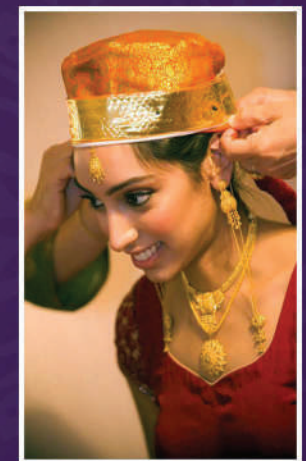
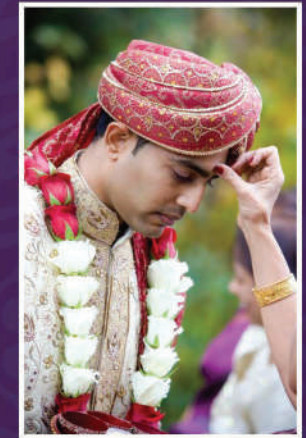
During the Devgon, the parents of the bride give the Dejhoor tied with Naarvan to the bride who wears it in her ears. This will be changed to the gold chain, Aath, when the bride goes to her in-laws for the first time, signifying the union of two individuals into one!



**Lagaan** - The main ceremony of the wedding is the Lagaan. This has to be done at a specific time according to "Saath".

**Traditional Outfits** - The groom wears a Daastar made out of a colourful silk saree. He wears Poshe Maal and other garlands to complete the look. The bride should look stunning! She wears a red sari, and the ravishing 'Tarang'. The Taraga has multiple layers of embellishments - Taech, a gold Zari cap which is covered with a netted, embroidered fabric - Zooej. To keep the Taech in place, Moharlath is wrapped around it. Finally, a Baendye-golden Gata is wrapped on the Moharlath. The bride is further adorned with jewelry given to her by her parents. Decked in a red sari, taraga, gold jewelry adorning her neck and Brocade Pulhor, you are looking at the picture of a celestial Parvati!

The bride and groom now step on the Vyoog.





**Dwar-Pooza:**

A small ceremony at the doorstep of the bride's house. The bride is helped by the Maama Ji and led to Lagaan Mandap.



**Lagaan:**

The bride and the groom sit on the Lagaan Mandap and the father of the bride gives the bride's hand into the groom's hand in Kanyadaan. After that, the groom and bride hold hands in Athwaas. A golden thread is tied on their respective foreheads - Mananmaal. This is followed by Pheras around the sacred fire - taking marriage vows!



Bride and the Groom break the fast and feed each other from the same thali after the ceremony.







### Poshe-Pooza:

The most favorite part of the Lagaan ceremony is the beautiful custom of Poshe-Pooza. The bride and the groom sitting under a red shawl are showered with colorful flower petals, representing Shiv and Parvati.

In the backdrop, the mantras are being chanted by the priest. It is a beautiful moment in the wedding!

After this, the Lagaan is complete and the Mahraz and Mahren stand once again on the Vyoog, offered Naabad by ladies of the house. Wanvun begins, Henzae reverberates in the surroundings.



### Satrath:

The bride reaches her new home, Taraga is undone and finally she can do a good hair style. She decks up in a new sari. Aath made of gold replaces the Narivan which carries the Dejhoor. She is adorned with more gold by her in-laws and the celebrations on the groom's side continue.



### Phire Lath:

The couple visits the bride's parents a few days after the wedding where they join for a feast.

### Roth Khabar:

On a Tuesday or a Saturday, the parents of the bride send traditional 'Roth' to the bride's in-laws.





# Kashmiri Wedding, Koshur Saal

## Cuisines Served to the Guests at the Wedding

The range of cuisine of Kashmir is truly incredible. Keeping with the natural beauty of Kashmir, its cuisine has a peculiar quality of its own that makes it different from the other culinary arts of India.

*Pictures courtesy of Mrs. Chandramukhi Ganju*



Monji Hakh (Kohlarabi)



Haakh



Kashir Gaad



Gogji (Turnip)



Mutsch



Kaliya



Dam Aloo



Kashmiri Thali



Nader Monji



Rogan Josh



Phool Rogan Josh



Sheer Chai

# October 2024

Ashwin							Kartik
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Ashwin Krishna Paksha (Sept 19-Oct 2) Ashwin Shukla Paksha (Oct 3-Oct 17) Panchak Ends (Oct 17) Kartik Krishna Paksha (Oct18-Nov 1)		<b>1</b> Chturdashi	<b>2</b> Amavasya <i>Pitra Maavas</i>	<b>3</b> Pratipad <i>NavRatra Start</i>	<b>4</b> Dwitya	<b>5</b> Tritya <i>Extra Tithi</i>	
<b>6</b> Tritya	<b>7</b> Choram	<b>8</b> Paancham <i>Kumar Sheshthi</i>	<b>9</b> Sheshthi	<b>10</b> Satam	<b>11</b> Ashtami <i>Durga Ashtami</i>	<b>12</b> Navum <i>Maha Navmi</i>	
<b>13</b> Dhashmi <i>Vijaya Dashmi</i>	<b>14</b> Ekadashi/ Dwadashi <i>Tithi Missing</i>	<b>15</b> Triyodashi	<b>16</b> Chaturdashi	<b>17</b> Poornima <i>Sankranti</i>	<b>18</b> Pratipada	<b>19</b> Dwitya	
<b>20</b> Tritya/Choram <i>Tithi Missing</i>	<b>21</b> Paancham	<b>22</b> Sheshthi	<b>23</b> Satam	<b>24</b> Ashtami	<b>25</b> Navum	<b>26</b> Dhashmi	
<b>27</b> Ekadashi	<b>28</b> Ekadashi	<b>29</b> Dwadashi	<b>30</b> Triyodashi	<b>31</b> Chaturdashi			



Kartik		November 2024					Maarg
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Kartik Shukla Paksha Nov 2-Nov 15) Panchak From (Nov 9- Nov13) Maarg Krisha Paksha (Nov 16- Nov 30)					<b>1</b> Amavasya <i>Deepawali</i>	<b>2</b> Pratipada	
<b>3</b> Dwitya <i>Bhai Dooj</i>	<b>4</b> Tritya	<b>5</b> Choram	<b>6</b> Paancham	<b>7</b> Shishthi <i>Kumar Shishthi</i>	<b>8</b> Satam	<b>9</b> Ashtami	
<b>10</b> Navum	<b>11</b> Dhashmi	<b>12</b> Ekadashi	<b>13</b> Dwadashi	<b>14</b> Triyodashi/ Chaturdashi	<b>15</b> Poornima <i>Kartik Poornima</i>	<b>16</b> Pratipada	
<b>17</b> Dwitya	<b>18</b> Tritya	<b>19</b> Choram	<b>20</b> Paancham	<b>21</b> Shishthi	<b>22</b> Satam	<b>23</b> Ashtami	
<b>24</b> Navum	<b>25</b> Dhashmi	<b>26</b> Ekadashi	<b>27</b> Dwadashi	<b>28</b> Triyodashi	<b>29</b> Triyodashi	<b>30</b> Chaturdashi	

December 2024						
Maarg						Poh
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Amavasya	2 Pratipada	3 Dwitya	4 Tritya	5 Choram	6 Paancham	7 Shishthi
8 Satam	9 Ashtami/ Navum	10 Dhashmi	11 Ekadashi	12 Dwadashi	13 Triyodashi	14 Chaturdashi
15 Poornima <i>Sankranti Vrat</i>	16 Pratipada	17 Dwitya	18 Tritya	19 Choram	20 Paancham	21 Shishthi
22 Satam	23 Ashtami	24 Navum	25 Dhashmi	26 Ekadashi	27 Dwadashi	28 Triyodashi
29 Chaturdashi	30 Amavasya <i>Khetce Mavas</i>	31 Pratipada				
Maarg Shukla Paksha (Dec 2-Dec 15) Poh Krishna Paksha (Dec-16-Dec 30)						

January 2025						
Poh						Maagh
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Poh Shukla Paksha (Dec 31-Jan 13) Panchak From (Jan 3-Jan7) Maagh Krishna Paksha (Jan 14-Jan29)			1 Dwitya	2 Tritya	3 Choram	4 Paancham
5 Shishthi	6 Satam	7 Ashtami	8 Navum	9 Dhashmi	10 Ekadashi	11 Dwadashi/ Triyodashi
12 Chaturdashi	13 Poornima	14 Pratipada <i>Sankranti Vrat</i> <i>Shishar Sankranti</i>	15 Dwitya	16 Tritya	17 Choram	18 Paancham
19 Shishthi <i>KP Exodus Day</i>	20 Shishthi <i>Sahib Satam</i>	21 Satam	22 Ashtami	23 Navum	24 Dhashmi	25 Ekadashi
26 Dwadashi <i>Shiv Chaturdashi Vrat</i>	27 Triyodashi <i>Shiv Chaturdashi Vrat</i>	28 Chaturdashi <i>Shiv Chaturdashi Vrat</i>	29 Amavasya	30 Pratipada	31 Dwitya	

Maagh		February 2025					Phalgun
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Maagh Shukla Paksha (Jan 30-Feb12) Panchak From (Jan30-Feb3)						1 Tritya <i>Gauri Tritya</i>	
2 Choram/ Paancham <i>Vasant Panchmi</i>	3 Shishthi	4 Satam <i>Surya Saptami</i>	5 Ashtami	6 Navum	7 Dhashmi	8 Ekadashi	
9 Dwadashi	10 Triyodashi	11 Chaturdashi	12 Poornima <i>Sankranti Vrat Kaw Punim</i>	13 Pratipada <i>Huri Okdoh</i>	14 Dwitya	15 Tritya	
16 Choram	17 Paancham	18 Shasthi	19 Shasthi	20 Satam	21 Ashtami <i>Huri Ashtami</i>	22 Navum	
23 Dhashmi	24 Ekadashi	25 Dwadashi <i>Maha Shvratri Herat</i>	26 Triyo dashi	27 Chaturdashi <i>Dooni Amavasya</i>	28 Pratipada		

Phalgun							March 2025							Chaitra									
Sun			Mon			Tue			Wed			Thu			Fri			Sat					
Phalgun Krishna Paksha (Feb 13-Feb 27)							Phalgun Shukla Paksha (Feb 28-Mar 14)							Panchak (Feb 26-Mar 3)							1 Dwitya		
2 Tritya			3 Choram			4 Paancham <i>Kumar Sasthi</i>			5 Shisthi			6 Satam <i>Teelashtami</i>			7 Ashtami <i>Ashtami Vrat</i>			8 Navum					
9 Dhashmi			10 Ekadashi			11 Dwadashi			12 Triyodashi			13 Chaturdashi <i>Thal Bharun</i>			14 Poornima <i>Sankrantivrat, South, Holi</i>			15 Pratipada					
16 Dwitya			17 Tritya			18 Choram			19 Paancham			20 Shisthi			21 Satam			22 Ashtami					
23 Navum			24 Dhashmi			25 Ekadashi			26 Dwadashi			27 Triyodashi			28 Chaturdashi <i>Thal Barun</i>			29 Amavasya <i>Navreh</i>					
30			31 <i>Zang Trai</i>																				





# KOA programs 2023

**MATA SARSWATI PUSTAKALAYA**

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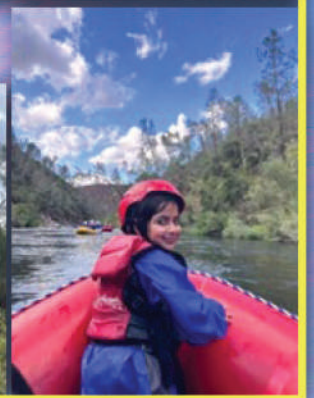
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**KOA & AVINASH RAINA FOUNDATION**











President  
Archana Kokroo  
105 Parsons Lane  
Newtown PA 18940



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*To Promote, Preserve and Protect Kashmiri Pandit Ethnic & Socio-Cultural Heritage*

**CALENDAR 2024-2025 Saptrishi 5100 Vikrami 2081**